

PSHE Curriculum - Operational plans for 2018/19

| Week Beginning | Week | Year 7 | Year 8 | Year 9 | Year 10 | Enrichment Days/Sessions |
|----------------|------|---|--|------------------------------|--|--|
| 27th August | 1 | Settling In, Team Building, Golden Rules, Form captains. DSL - Safeguarding. Who's Who etc. | | | | |
| 3rd Sept | 2 | E Safety | | | | Police Visit - House assembly |
| 10th Sept | 3 | Identity | Managing Emotions | Family life - Managing Loss | Healthy Relationships | |
| 17th Sept | 4 | Personal Values | Self Esteem | Relationship Break Down | Self Respect. | |
| 24th Sept | 5 | Anti Bullying | | | | |
| 1st October | 6 | Exercise and Health Profile | Energy Drinks | Smoking/ Alcohol and Drugs | Drugs | |
| 8th October | 7 | Personal Hygiene | Diet and Exercise | Legal Highs | Cannabis and Mental Health | |
| 29th October | 1 | Puberty | Sex Ed/ Puberty basic | Love | Sexual Health | |
| 5th November | 2 | Puberty | Sex Ed/ Puberty Girls | Sex. Are you ready? | Contraception / Consequences | |
| 12th November | 3 | Puberty separate sessions | Sex Ed/ Puberty Boys | Consent | Teenage Pregnancy | Sex - Contraception - Year 9/10 (Brooke) |
| 19th November | 4 | Different Families | LGBT Relationships | Sexuality | Homophobia | |
| 26th November | 5 | Physical Abuse | Domestic Abuse | Sexual Abuse | Psychological Abuse | |
| 3rd December | 6 | Child Sexual Exploitation | | | | |
| 10th December | 7 | Christmas | | | | |
| 17th December | 8 | Christmas | | | | Citizenship/Community Day Year 7-8 |
| 29th December | 1 | New year's resolutions | | | | |
| 7th January | 2 | Homelessness and Poverty | Diversity | Racism | Discrimination | |
| 14th January | 3 | Honour Based Violence - FGM | | | | |
| 21st January | 4 | Honour Based Violence - Forced Marriage | | | | |
| 28th January | 5 | Honour Based Violence - Forced Marriage | | | | |
| 4th February | 6 | Extremism/ Radicalisation | | | | |
| 11th February | 7 | Extremism/ Radicalisation | | | | Cultural Day |
| 25th February | 1 | British Values | | | | |
| 4th March | 2 | Introduction to the government | Community | Democracy vs Dictatorship | Employability | Fire Safety - Arson year 7-10 (KFRS) |
| 11th March | 3 | Democracy - Elections and Voting. | Human Rights | Young people and crime | Applying for a job | |
| 18th March | 4 | Crime | What is Citizenship? | How and why are laws made | The CV | |
| 25th March | 5 | The Emergency Services | Local Democracy | Business and Enterprise | The Interview | |
| 1st April | 6 | Easter | | | | Spiritual Day |
| 22nd April | 1 | Fair trade | | | | |
| 29th April | 2 | Child Criminal Exploitation | | | | Army Day - Year 9 (Army) |
| 6th May | 3 | Friendships | Actions and consequences | Influencing Attitudes | Rights and Responsibilities in the World of Work | |
| 13th May | 4 | Growth Mind-set | Conflict | Resilience | Work place sexual harassment and bullying | |
| 20th May | 5 | Sports Day Preparation | | | | |
| 3rd June | 1 | Introduction to Mental Health | What do you already know about Mental Health | Mental Health Awareness | Depression in teens | Sports Day |
| 10th June | 2 | Who are you? | Stress | Eating Disorders | Mental Health and exercise | |
| 17th June | 3 | Mental Health Week | | | | Mental Health professionals Assembly and drop ins (IMAGO) |
| 24th June | 4 | Body image and Mental Health | Anxiety | Stress related Mental Health | Self Harm | |
| 1st July | 5 | Roll Over Week - Who are you? | | | | |
| 8th July | 6 | Mystery Mind-set | | | | |
| 15th July | 7 | Rewards week | | | | |